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Guidelines for feeding your baby formula

AVERAGE INFANT FORMULA-FEEDING GUIDELINES

Every baby has their own nutritional needs. The best way to feed your baby is to allow them to take as much baby formula as they want, but if you're looking for a guideline, refer to the table below. But remember, these are just averages!

Age	Average number of feedings per day	Average amt.	Average amt. in 24-hour feeding per day
1-2 weeks	6-10	2-3 fl oz	12-30 fl oz
3-4 weeks	6-8	3-4 fl oz	18-32 fl oz
1-2 months	5-6	4-5 fl oz	20-30 fl oz
2-3 months	5-6	5-6 fl-oz	25-36 fl oz
3-4 months	4-5	6-7 fl oz	24-35 fl oz
4-7 months	4-5	7-8 fl oz	28-40 fl oz
7-9 months	3-4	7-8 fl oz	21-32 fl oz
9-12 months	3	7-8 fl oz	21-24 fl oz